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# BARRHAVEN ACADEMY OF MARTIAL ARTS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Kids Comp Team 8:30am - 9:15am
Private Lesson Availability 10:00am - 2:00pm	Private Lesson Availability 10:00am - 2:00pm	Private Lesson Availability 10:00am - 2:00pm	Private Lesson Availability 10:00am - 2:00pm	Private Lesson Availability 10:00am - 2:00pm	Samurai Kids Group A 9:15am - 10:00am
					Samurai Kids Group B 10:00am - 10:045am
		Mark's Class 12:00pm - 1:00pm			No Gi BJJ 10:45am - 11:30pm
After School Program Class 4:00pm - 4:45pm	After School Program Class 4:00pm - 4:45pm	After School Program Class 4:00pm - 4:45pm	After School Program Class 4:00pm - 4:45pm	After School Program Class 4:00pm - 4:45pm	Thai Conditioning 10:45am - 11:30am
Samurai Kids Group A 5:00pm - 5:45pm	Samurai Kids Group A 5:00pm - 5:45pm	Samurai Kids Group A 5:00pm - 5:45pm	Samurai Kids Group A 5:00pm - 5:45pm	Samurai Kids Group A 5:00pm - 5:45pm	Thai Technique 11:30am - 12:15pm
Samurai Kids Group B 5:45pm - 6:30pm	Samurai Kids Group B 5:45pm - 6:30pm	Samurai Kids Group B 5:45pm - 6:30pm	Samurai Kids Group B 5:45pm - 6:30pm	Samurai Kids Group B 5:45pm - 6:30pm	BJJ Purple 11:30am - 12:15pm
Black Belt Club 6:30pm - 7:15pm	Muay Thai Kids 6:30pm - 7:15pm	Black Belt Club 6:30pm - 7:15pm	Muay Thai Kids 6:30pm - 7:15pm	Thai Conditioning 6:30pm - 7:15pm	BJJ Randori 12:15pm - 1pm
Thai Conditioning 6:30pm - 7:15pm	BJJ Blue 6:30pm - 7:15pm	Thai Conditioning 6:30pm - 7:15pm	BJJ Blue 6:30pm - 7:15pm	Muay Thai Kids 6:30pm - 7:15pm	Thai Sparring 12:15pm - 1pm
Thai Technique 7:15pm-8:00pm	BJJ Randori 7:15pm-8:00pm	Thai Technique 7:15pm-8:00pm	BJJ Randori 7:15pm-8:00pm	No Gi Randori 6:30pm - 7:15pm	
BJJ Blue 7:15pm - 8:00pm	Thai Conditioning 7:15pm - 8:00pm	BJJ Blue 7:15pm - 8:00pm	Thai Conditioning 7:15pm - 8:00pm		
BJJ Randori 8:00pm - 8:45pm	Thai Technique 8:00pm - 8:45pm	BJJ Randori 8:00pm - 8:45pm	Thai Technique 8:00pm - 8:45pm		
Thai Sparring 8:00pm - 8:45pm	Open Mat 8:00pm - 8:45pm	Open Mat 8:00pm - 8:45pm	BJJ Purple 8:00pm - 8:45pm		